

- 10:20-10:30 **Community Welcome & Purpose of Gathering**
- Amy Shin, CEO, Health Plan of San Joaquin
 - Brandie Owusu-Spencer, President, African American Chamber of Commerce

~ OUR COMMUNITY TODAY ~

- 10:30-10:45 **Health Disparities Facing African Americans in Our Community**
- Barb Alberson, Sr. Deputy Director, Policy & Planning, SJC Public Health Services
 - Ashley Lewis, Health Educator, Tobacco Prevention Program, SJC Public Health Services
- 10:45-11:15 Group Discussion: **What are the Barriers and Solutions to a Healthier Community?**
- Christina Peoples, Community Outreach Specialist, Public Health Advocates

-- BREAK --

~ LIVE EMPOWERED - NUTRITION & PHYSICAL ACTIVITY ~

- 11:25-12:15 Panel Presentation and Discussion: **Health is Wealth: Invest in You**
- Pastor Bobby Spencer, Certified Fitness Trainer, Nutritionist, & Owner, Kingdom Fitness
 - Isela Robles, Program Director, YMCA of San Joaquin County
 - Renee Simpson, Registered Dietitian, Public Health Services
 - Ellen Powell, Master Gardener, Black Urban Farmers Association
 - Inez Aldridge, President, Black Urban Farmers Association

-- LUNCH --

~ BE EMPOWERED - HEALTH CARE RESOURCES & PARTNERS ~

- 12:30-12:45 Lunch Speaker: **Health Care Disparities: Empowering Yourself to Prevent the Scourge**
- Kwabena Adubofour, M.D., Medical Director, East Main Clinic & Stockton Diabetes Intervention Center & President of San Joaquin Medical Society
- 12:45-1:25 Panel Presentation: **Empowered and Equipped to Get What You Deserve**
- Mary Nicholson, Founding Director, Healings in Motion
 - Setar Testo, Health Educator, HPSJ
 - Lei McMiller, Social Work & Health Education Manager, HPSJ
 - Marilou Almadrigo, Nurse Case Management Supervisor, HPSJ
 - Tamara Foster, HEDIS & Accreditation Manager, HPSJ

~ OUR COMMUNITY TOMORROW ~

- 1:25 – 1:45 Group Discussion: **Call to Action & Commitments**
- LaCresia Hawkins, REACH Program Manager, Public Health Advocates
- 1:45 – 2:00 **Program Close & Evaluation**
- Angela Dennis, Health Promotions Specialist, HPSJ

Special Thanks to Our Event Partners:

