LHPC
Local Health Plans *of California*

COMMITTED • COMMUNITY • CARE

The Affordable Care Act (ACA) allowed states to expand Medicaid programs, making health care coverage possible for non-parents under 138% of the federal poverty level (FPL). Today, approximately 3.7 million Californians have health care coverage in Medi-Cal - California's Medicaid program – because of the Optional Expansion.

A Snapshot of California's Optional Expansion

This Snapshot is based on our 16 local health plans' data and experience in serving 2.1 million - nearly 60% - of the 3.7 million Californians covered by Medi-Cal's Optional Expansion.

THE ECONOMICS

$2.6 BILLION
to Physicians

$3.5 BILLION
to Hospitals

$1.3 BILLION
to Pharmacies

$400 MILLION
to Other Providers

THE PEOPLE

Ages

57% 19 – 40
43% 41 - 64

50% Women

50% Men

PHYSICAL HEALTH
CHRONIC CONDITIONS

Local Plans' Optional Expansion members have chronic conditions at the rates shown below, not age adjusted. Each of these conditions is treated at lower cost with better outcomes through coverage.

300,000 (14%)
Hypertension

77,000 (3%)
Pain Management

207,000 (10%)
Diabetes

66,000 (3%)
Cardiovascular

90,000 (4%)
Asthma

MENTAL HEALTH
MENTAL HEALTH CONDITIONS

Health plans provide benefits for mild to moderate conditions, while counties provide services for serious mental illnesses and substance use disorder. Nearly 300,000 of Local Plans' Optional Expansion members have a mental health diagnosis, such as depression and/or anxiety.

Other Observations

- *Cancer is another common diagnosis. Additional research is needed to pull complete data.*
- *Hospital & ER utilization remained mostly unchanged in the first years, as Optional Expansion members adapted to having health care coverage.*
- *Today, hospital utilization is trending down as members have grown accustomed to routine primary care and preventive services.*